

SANDBAR

Riverside Cafe

APPETIZERS

Center of the Universe Chips & Dip (GF)

House Fried Tortilla Chips, Salsa, Queso

Tulsa Tri (GF)

Hummus, Black Bean Dip, Salsa, House Fried Tortilla Chips

Sandbar Jumbo Nachos (GF)

House Fried Tortilla Chips with melted Cheddar and Jack Cheeses, Jalapeños topped with Queso and a side of Salsa and Sour Cream

- Add Chicken

Avocado Fries

Whole Avocado sliced into 6 wedges, battered and fried, served with Salsa and Ranch dressing

Finish Line Brussels Sprouts (GF/V)

Roasted Sprouts with a spicy Maple Glaze and Red Bell Peppers



SANDBAR SPECIALTIES



Tulsa Run Salad (GF)

Mixed Greens, Jack and Cheddar Cheeses, Tortilla Strips, Black Beans, Salsa, with a Lime Vinaigrette

- Add Chicken Flat Iron Grilled, Lime Marinated or Blackened

Portobello Fondo

Marinated Portobello, Onion Jam, Smoked Gouda, Creamy Horseradish Sauce on a Brioche Bun

Buttermilk Battered Chicken Tenders

6 Buttermilk Battered Chicken Tenders Served with a choice of Ranch, Honey Mustard, or BBQ dipping sauce

- Extra dipping sauce

T-Town Chicken Sandwich

Lime Marinated Chicken Breast topped with Pico De Gallo, melted Cheddar and Jack Cheeses on a Brioche Bun

Tulsa Tough Burger

Two ¼ Pound Burger Patties, Onions cooked in, Cheddar Cheese, Mustard, Dill Pickles on a Brioche Bun.

- Option **Cry Baby** - single ¼ Pound Patty
- Side of Jalapeños

Ultimate River Runner Burger

Queso ½ Pound Burger topped with Bacon, Jack Cheese, and Poblano Pepper on a Sesame Seed Bun

- Side of Jalapeños

SMALL PLATES

Tulsa Run Salad (GF)

Mixed Greens, Jack and Cheddar Cheese, Tortilla Strips, Black Beans, Salsa, with a Lime Vinaigrette

Side of Beer Battered Fries (V)

Beer Battered Fries

- Add Ranch, BBQ, or Honey Mustard

½ Order Brussel Sprouts (GF/V)

Roasted Brussel Sprouts with a spicy Maple Glaze and Red Bell Peppers

Hummus Platter (V)

4 oz Hummus with Carrots and Red Pepper Crudité with a side of our fresh House Fried tortilla chips

Israeli Couscous w/Fresh Vegetables (V)

Israeli Couscous, Onions, Artichoke Hearts, Portobello Mushrooms and Red Peppers tossed with a Light Tomato Basil Vinaigrette

- Add Feta Cheese

SWEET

Hand Fried Fruit Pies

Freshly made Fuji Apple Cinnamon Pie

- A La Mode (Vanilla Bean)

JUST 4 KIDS

3 Buttermilk Battered Chicken Tenders, Fries, Drink

Almond Butter and Raspberry Jelly Sandwich, Fries, Drink

(Like a PB&J, but better!)